

## MASSAGE SERVICES



### Swedish Massage

Enjoy a traditional Swedish massage to soothe your body and comfort your soul. Choose light, moderate, or deep pressure.

50 minutes	\$100
80 minutes	\$140

### Hot Stone Therapy

Experience the warming sensation from our hot stones as they are smoothed over aching muscles.

#### Basalt Stones (Deep pressure and heat)

50 minutes	\$130
80 minutes	\$160

#### Himalayan Salt Stones (Warm salt crystal stones to sooth tension and stress while their natural salt properties gently exfoliate the skin)

50 minutes	\$140
80 minutes	\$170

### Prenatal Massage

This luxurious massage helps decrease stress and increase circulation while you're expecting. Expectant mothers must be past their first trimester.

50 minutes	\$100
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## Spa Packages Fit for Royalty

### Self-Care

#### Romance Escape Package \$180

80- minute dual hot stone, deep tissue massage, a scrub for your back, ended with a glass of champagne.

#### Royalty Package \$170

60-minute hot stone massage | 20-minute reflexology

#### Royalty Plus Package \$200

80-minute hot stone massage | 10-minute reflexology

10-minute scalp massage

#### Diamond Package \$175

50-minute package that includes the Lewiston Retreat and the Remedy

#### Pearl Package \$125

50-minute package that includes a 25-minute massage on an area of your choice, followed by a mini mud mask treatment for your face, and a hand and foot rejuvenating sugar scrub treatment.

#### Spend the Day \$325

This is a head-to-toe service that will have you just focusing on yourself. Relax and enjoy a full body, Himalayan hot stone massage and a full body mud wrap coupled with a deep reflexology treatment. (2 hours)



100 Center Street, Lewiston, NY 14092

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### Hours of Operation

**All services are by appointment only.**

### Appointment Etiquette

Should the need arise to cancel or reschedule your reservations please give 24 hours' notice.

## Add On's

<b>The Remedy</b>	\$60
This is a scrub applied to the feet, followed by a reflexology treatment to work out those tender areas and ending with a relaxing moisturizing massage. (30 minutes)	
<b>Essential Oil</b>	\$10
Peppermint, Eucalyptus, Lemon, and Lavender	
<b>Reflexology</b>	\$50
Hand and foot massage (30 minutes)	
<b>Lamarca Prosecco</b>	\$15
<b>Fruit and Cheese Platter</b>	\$25
(\$25 for every 2 people)	

## Seasonal Specials

<b>Velvet Coffee Scrub</b>	\$130
Let your body dive into the aroma of coffee beans while the scrub gently exfoliates your skin, followed by a moisturizing massage. This treatment aids in reducing cellulite, while tightening skin, and is anti-aging. (60 minutes)	
<b>Pumkin Pie Scrub</b>	\$125
Give thanks to your skin and indulge yourself with a pumpkin pie scented scrub to help exfoliate and leave your skin feeling smooth and sweet, followed by a full body moisturizing massage. (60 minutes)	

## BODY TREATMENTS

<b>Peppermint Mud Wrap</b>	\$130
Peppermint sticks scented mud wrap followed by a 30-minute massage on an area of your choice. (60 minutes)	
<b>Sea Salt Scrub</b>	\$125
Experience full-body exfoliation with this seaweed and scent infused sea salt scrub, followed by a deep hydration massage. (50 minutes)	
<b>Lavender Moon Glow</b>	\$100
Experience a full body exfoliation with a Himalayan lavender infused salt scrub. Rejuvenate your skin back to health and your body back to tranquility. End the treatment with a full body moisturizing massage that includes a lavender coconut cream to sooth and nourish your skin. (50 minutes)	
<b>Lewiston Retreat</b>	\$130
This is a 3-step whole body journey which will restore your natural flow of energy and balance your body's natural bio rhythms. This treatment includes lymphatic dry brushing, scalp massage, full body massage, ending with a lemon essential oil foot treatment, and serenity and relaxation to melt away all your daily stress. (50 minutes)	



## Relaxation

<b>R &amp; R Package</b>	\$170
Peppermint sticks sugar scrub followed by a full body hot stone massage. (80 minutes)	
<b>Treat Your Feet</b>	\$80
This is a sugar cookie foot scrub with added hot stones for the calves, followed by a relaxing foot massage. (30 minutes)	
<b>Bride To Be</b>	\$300
Unwind before or after your big day! Enjoy this head-to-toe package that includes a mini mud mask treatment for your face, a full body hot stone massage, a full body scrub with a scrub of your choice including a hand and foot rejuvenating scrub treatment, finished off with relaxing reflexology and a glass of champagne. (2 hours)	

